Engaged, Energized & Encouraged

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Learning Outcomes

- Get to know your fellow doctoral learners - your support for a successful doctoral journey
- Explore Individual strengths and opportunities for growth as a doctoral student in order to be most successful in the doctoral program
- Know the value of developing and participating in a doctoral cohort and learning community
Energized

Can you feel it?

What is it that excites you about the doctoral journey?

Why are you here?
Engaged

Could you get through this program alone? Would you want to?

What will you do to ensure that you stay committed and engaged throughout the program?
Encouraged

We’ll do our part, but what about you?

What informal rules or guidelines could you establish with each other that will provide the support and encouragement you need for success?
Exercise:

Close your eyes...it’s the year 2025. Your dreams have come true. What does this year look like? How does it feel? What were the things you did to make this happen? What risks did you take and what obstacle did you overcome? We’ll do our part, but what about you?
It is great to have you here!
We’re excited for You!